

Three Counties Interclubs Championship 2009

Male

CLUB	PEMBS H	SARN HELEN	T.R.O.T.S	CARDIGAN	PEMBS TRI	INGLI	Emlyn
LAMP 10	181	365	177	43	0	243	0
CWRT 4	95	182	145	0	0	31	0
NEYLAND 10	178	193	131	61	80	107	0
SARN 16	30	247	117	47	0	24	0
TALLEY	164	263	71	0	0	51	0
DMBTS	129	158	124	0	0	113	0
FFCH 6	63	161	120	25	0	49	7
CARD 10	75	93	73	24	26	28	17
INGLI 10K	200	197	133	0	0	192	0
TROTS 10	51	198	186	50	14	74	0
POPPIT 5K	125	190	106	129	124	125	41
DALE 1/2	320	139	175	0	327	282	0
LLYS F	143	209	109	108	98	152	50
RAS Y MST	109	230	102	74	0	129	0
TOTAL	1863	2825	1769	561	669	1600	115

Female

PEMBS H	SARN HELEN	T.R.O.T.S	CARDIGAN	PEMBS TRI	INGLI	Emlyn
93	126	78	20	0	112	45
16	26	20	0	0	0	0
66	12	42	17	24	68	0
14	33	0	8	0	48	0
96	128	37	0	0	0	0
47	26	44	0	0	10	0
9	50	33	27	0	12	17
11	31	36	0	0	0	11
83	78	13	0	0	90	0
42	50	95	0	0	0	19
55	85	0	53	24	62	71
68	18	20	0	35	94	0
89	38	0	26	21	85	59
38	34	11	8	0	0	0
727	735	429	159	104	581	222